

Our Volunteer/ Interns

Our volunteers and interns are a core component in assisting us in providing advocacy and support to victims of sexual violence on campus and in the community. Being a volunteer or intern is an opportunity to impact and support a person in need, enhance social change, and participate in a strong team. SWR welcomes you to consider being a volunteer or intern with our agency as an opportunity for both personal and professional training and generosity to our community.

“Be the change you want to see in the world.”

-Ghandi



Support Within Reach-Sexual Violence Resource Center, formerly Itasca Alliance Against Sexual Assault, has been helping victims of sexual violence and their families for over 20 years. We offer one-on-one counseling, legal advocacy, medical advocacy, support groups, a 24-hour crisis line, and support for victims and their families. All of our services are free and confidential.

If you are a victim of sexual violence or you know someone who is, please contact us. We can help you!

Main Office:

1325 NW 4th St.

Grand Rapids, MN 55744

Phone: 218-326-5008

Toll Free: 1-866-747-5008

Website: www.supportwithinreach.org



ITASCA
COMMUNITY COLLEGE



Students

Organizing

On Campus



ICC Satellite Office
Wilson 131
218-322-2457



Mission: to enhance the campus community's awareness, understanding, safety, and accountability, regarding sexual violence, harassment, and stalking.

Support Within Reach (SWR) is a proactive program designed to address the issue of sexual violence, harassment, and stalking. We provide on-site services at ICC that include:

- Engaging students into SWR services
- Prevention education to classes and athletic clubs/organizations
- Onsite services including one-to-one support, legal advocacy, and referrals

SWR provides awareness and education related issues surrounding sexual violence to students, faculty, and staff, including special campus groups such as clubs and athletic organizations.



Realize Your Potential!

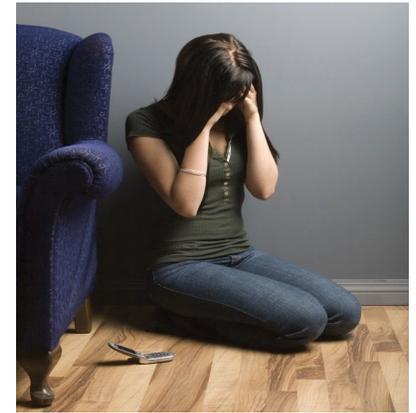
Are you interested in helping others, need a resume builder, or just want to give back to your community? SWR just might be able to suit your needs through a volunteer/intern position.

Volunteer/Intern Requirements

ALL potential volunteers/interns must submit an application, go through at least one interview, an initial criminal background check (yearly thereafter), and a reference check before training.

- All volunteers/interns must go through the 40 hour training prior to any in office or ICC coordination begins-training will be offered at least twice a year in the spring and fall.
- Be available to take on-call shifts.
- Follow all volunteer policies including confidentiality.
- Be in the office a minimum of 8 hours per week (main office 5 hours and ICC office 3 hours per week).
- Maintain confidentiality at all times, violation to this will lead to immediate dismissal.
- Take on projects in the office and be able to connect the importance of projects to practicum/internship experience.
- Maintain communications about progress of assigned projects.

SWR works to enhance the quality of life for those we serve through ongoing support and advocacy services, as well as the provision of prevention education and awareness within our community. SWR hopes to promote a society that is free of violence through leadership, action, and mentoring that is responsive to the needs of the community we serve.



Victims of sexual violence can experience struggles in their day-to-day activities like going to class, completing coursework, etc. In addition, physical injury, mental health consequences such as depression, anxiety, low self-esteem, and suicide attempts, and other health consequences such as gastrointestinal disorders, substance abuse, sexually transmitted infections/diseases, and gynecological or pregnancy complications.

Because of this, WE need YOUR help!